

Housing

ARC (Developmental Disability Housing).....	782-4799
Catholic Charities (Crisis Assistance/Housing Counseling).....	782-0710
City Housing Authority.....	782-2264
County Housing Authority.....	781-5365
Couleecap	
Home Buyer program.....	782-5525
Low income apartments.....	785-9805
Rent Assistance.....	782-4877
Transitional Housing for Homeless.....	782-4877
New Hope Housing for Disabled.....	782-4877
Coulee Council of Addictions Harm Reduction Program.....	784-4177
Economic Support (Emergency Rent Assistance).....	785-6001
Gerard Hall (Single Mothers).....	791-3985
Habitat For Humanity.....	785-2373
Hidden Glen Apartments (Holmen).....	526-9026
Runaway Bridge.....	211 or 1-800-362-8255
Salvation Army.....	782-6126
Schumann Apartments (Community Housing).....	775-4745
YWCA Ruth House.....	781-2783
YWCA Transitional Housing (single parent women).....	781-2783
Income Based Housing	
Pioneer Management (West Salem/Holmen).....	786-4101
River Oaks Apartments.....	787-0200
Valley View Apartments.....	800-685-9353
Wedgewood Commons.....	784-7771

*See Apartment ConNEXTion for a complete listing of available rental units (available at your local Quillan's and many more locations)

Cultural Resources

Economic Support Refugee Assistance.....	785-6001
Hmong Mutual Assistance.....	781-5744
Hmong Community Center.....	788-0110
Hmong La Crosse Police Line.....	789-7251
Ho-Chunk Nation.....	783-6025
Oak Grove Learning Center.....	783-9393

Legal Assistance

Family Court Commissioners' Office.....	785-5600
Family Law Information	Tues & Thurs: Noon
.....	2 nd floor of the law enforcement center
Free Legal Advice.....	3 rd Wed of the month @ First Baptist Church
.....	(Corner of Main St and West Ave in La Crosse)
Legal Action of Wisconsin.....	785-2809

Special Needs Resources

Aging & Disability Resource Center.....	785-5700
Birth to 3 Services.....	784-1035
Catholic Charities (sliding fee scale).....	782-0710
Childeda.....	782-6480
Children's Miracle Network.....	775-4713 or 775-7910
Crisis Intervention.....	785-6101...after hours 784-4357 (help)
Flying Horse Stable.....	317-1448
HorseSense for Special Riders.....	791-4868
Independent Living Resources.....	787-1111
La Crosse County Children with Special Needs Unit.....	785-6054
Physical Activity Mentoring Program.....	785-5415
Riverfront.....	784-9450
Special Olympics.....	789-7596

Special Needs Resources Continued...

UW-La Crosse Mentor Program.....	785-8695
Wisconsin Family Ties.....	800-422-7145
Wisconsin First Step.....	800-642-7837

Smoking Cessation

Wisconsin Tobacco Quit Line.....	1-877-270-7867
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Support Groups/Programs

Autism Support Group.....	519-0883
Breast Cancer Support Group.....	775-2606
Caring for Each Other (Bereavement Group).....	784-4248
Crisis Hotline.....	211
Depressed Anonymous.....	791-5295
Franciscan Skemp New Moms & Baby Group.....	791-4172
Franciscan Skemp Woman to Woman Health Line.....	791-9535
Family Resources Parenting Warmline.....	784-8125
Franciscan Spirituality Center.....	791-5295
NAMI (National Alliance for the Mentally Ill).....	784-7532
New Horizons (Domestic Abuse Support).....	791-2610
Parent Talk.....	784-8125
RAVE (Recovery Avenue).....	785-9615
Separated/Divorced/Widow Group.....	793-1243
For Additional Resources:	
Franciscan Skemp.....	785-0940
Gundersen Lutheran.....	782-7300
La Crosse County Aging & Disability.....	785-5700

Transportation

Catholic Charities (gas vouchers/bus tokens).....	782-0710
Drivers Licensing & Vehicle Registration.....	1-800-924-3570
First Transit (Laidlaw).....	781-3069
La Crosse Municipal Transit Utility (MTU).....	789-7350
Shared Ride.....	784-0000

Utilities

Couleecap Weatherization Program.....	782-4877
Riverland Energy.....	783-2238
Wisconsin Energy Assistance Program.....	785-6001
Xcel Energy.....	1-800-895-4999

Domestic Violence

Domestic Violence Intervention Project.....	785-7670
New Horizons Domestic Abuse Shelter.....	791-2610
24-Hour Crisis Telephone.....	791-2600 or 800-231-0066
Safehouse Apartments.....	785-9805

Emergencies/Protection

Ambulance/ Fire / Police /Sheriff / State Patrol.....	911
Child Abuse/Neglect Reporting.....	785-6054
Gundersen Lutheran 24 Hour Nurse Line.....	775-4454
.....	or 800-858-1050
La Crosse County Crisis.....	784-4357
Wisconsin Poison Control.....	800-222-1222
Road Conditions.....	800-762-3947
Crime Stoppers.....	784-8477
Victims Witness Program.....	785-9608

Information and Referral

Great Rivers 2-1-1.....	call 2-1-1.....www.greatrivers211.org
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Spring 2009 La Crosse Area Community Resources Guide



Fountain at Riverside Park, La Crosse WI

Inclusion of services in the pamphlet does not imply endorsement. You are encouraged to find out as much as possible about an organization before making a decision to use their services.

This information was compiled by:



**1500 Green Bay St
La Crosse, WI 54601
608-784-8125
www.laxfamilyresources.org**

Adoption Counseling/Foster Care Placement

Catholic Charities.....782-0710
Lutheran Social Services.....788-5092
La Crosse County Human Services785-6054

Chemical Use/Addictive Behaviors

Alanon, Alateen.....800-344-2666
Alcohol or Drug Use National Help & Referral Line... 800-252-6465
Alcoholics Anonymous.....784-7560
Coulee Council on Addictions.....784-4177
Franciscan Skemp Behavioral Health791-9555
Gundersen Lutheran Behavioral Health.....775-7940
Narcotics Anonymous.....800-240-0276
Wisconsin Substance Abuse Hotline.....800-211-3380

Child Care

Child Care Certification.....796-0830
Child Care Resource & Referral.....784-4519
Child Care Assistance-Economic Support.....785-6001
Kinship785-6064

*See Yellow Pages for additional listing of child care centers

Childbirth/Sibling Classes

Family Resources Parent Friend -In home education.....784-8125
Franciscan Skemp791-4172
Gundersen Lutheran.....775-6875
Healthy Families-In home education.....787-9404

Clothing/Household

Bearly Used Thrift Store (Holmen).....526-3554
Birthright (maternity/infant clothes)782-0373
Caring Hearts Home Care.....782-2464
Community Liaison Program.....785-5841
Elite Repeat Thrift Store.....784-6700
Fine Things Thrift Store.....782-1722
Goodwill Industries.....783-2710
Good Steward Resale Shop.....779-9763
Habitat for Humanity Resale.....785-2375
New Life Resource Center (maternity/infant clothes).....785-2377
Salvation Army Thrift Store.....784-1421
Second Showing.....785-1220
Simply Used.....781-9007
Women’s Clothes Closet.....784-5745 or 779-5937

Counseling

*Cost based on varying terms, verify insurance prior to scheduling
Burelbach Psychotherapy.....796-1800
Catholic Charities.....782-0710
Children’s Service Society.....784-5516
Coulee Youth Centers.....782-7152
Family & Children’s Center.....785-0001
Franciscan Skemp Behavioral Health.....791-9555 (La Crosse)
.....526-3351(Holmen)
Garrison Counseling.....796-1114
Gundersen Lutheran Behavioral Health.....775-7940
Hoffe Counseling Services.....796-1168
Stein Counseling.....785-7000

*See Yellow Pages for further listings

Dental Care

Scenic Bluffs (Healthy Neighbor Program-Cashton)...608-654-5100
Western Dental Hygiene Clinic608-604-6969

Education/Schools

CESA #4.....786-4830
Coulee Catholic School.....784-8585
Head Start-3-4 year old preschool.....785-2070
La Crosse Four Year Old Preschool.....789-7600
Oak Grove Learning Center.....783-9393
School District of La Crosse.....789-7600
Self Sufficiency Program.....785-8733
Three Rivers School Waldorf Education.....782-8774
University of Wisconsin-La Crosse.....785-8000
Viterbo University.....796-3000
Wisconsin Technical College.....785-9200

*See Yellow Pages for more information

Employment Services

Couleecap Job & Business Development Program.....796-2962
Couleecap Youth Employment and Training.....782-4877
Division of Vocational Rehabilitation.....785-9500
Wisconsin Job Center.....789-5627
For Job Listings.....791-0695
Workforce Connections.....789-5620
Temporary Job Services:
ABR Employment Services.....782-9700
Express Personnel.....779-4252
Kelly Services.....785-2477
Labor Ready.....779-4780
Man Power.....781-8899
Olsten Staffing.....782-1100

Family Life

Birthright.....782-0373
Big Brother Big Sister.....782-2227
Boys and Girls Clubs.....782-3926
Boys Scouts of America.....784-4040
Car Seat Checks (Family Resources).....796-0830
Childhood Injury Prevention Program.....785-9872
Children’s Museum.....784-2652
Community Teen Center.....782-9622 ext. 285
Crossfire Teen Center.....784-6565
Family Resources784-8125
Girls Scouts of America.....784-3693
Healthy Families.....787-9404
High Roller-skating.....788-7170
La Crosse Breastfeeding Program.....785-9831
La Crosse Libraries.....783-0052
La Crosse Park and Recreation.....789-7533
Leuth Teen Zone.....789-7533
New Life Resource Center.....785-2377
Onalaska Park and Recreation.....781-9560
Pla More Lanes (Bowling).....784-3043
Stein Counseling Parenting with Love & Limits.....785-7000
UW-Extension.....785-9593
YMCA.....782-9622 (La Crosse)
.....783-9622 (Onalaska)
4-H.....785-9593

Financial/ Insurance Services

Catholic Charities Emergency Services.....782-0710
Child Support Office.....785-9564
Energy Assistance.....785-6001
Family Planning Waiver.....775-8390
Healthy Start.....785-9833
Healthy Kids/Happy Kids.....1-877-KIDS-NOW
Katie Beckett Program.....775-4705
Medical Assistance/Badger Care (Economic Support).....785-6001
Options Clinic.....775-8390
Prescription Assistance.....1-888-477-2669
Salvation Army Health Care Screenings.....782-6126
St. Clare Health Mission.....791-9546
Telephone Assistance (Centurytel Lifeline).....1-800-201-4099

Food

Free Meals:

A Place of Grace.....782-6224
Come For Supper.....782-3468
Monday Meals.....782-6421
Open Door Fellowship (West Salem).....786-0910
Salvation Army.....782-6126

Food Pantry/Emergency Food Assistance:

Catholic Charities.....782-0710
Community Care & Share (West Salem).....786-1142
Community Garden.....793-1002
First Evangelical Free Church (Onalaska).....526-2347
Hmong Mutual Assistance (Asian Families).....781-5744
La Crescent Food Pantry.....895-4440
La Crosse Christian Church.....782-3888
Oak Grove Food Pantry.....783-9393
Onalaska Emergency Food Basket.....783-7722
SHARE (Food Buying Club).....788-1924
St. Elizabeth Catholic Church (Holmen).....526-4424
WAFER.....782-6003

Home Delivered Meals:

Bethany Lutheran Homes.....796-1092
Mobile Meals.....784-4623 (La Crosse)
.....783-4681 (Onalaska)
.....786-1400 or 786-1600 (West Salem)
Senior Dining.....785-9710

Economic Supports:

Food Share/Food Stamps.....785-6001
WIC.....785-9865

Wisconsin Nutrition/Education Program.....785-6037

Health Care Clinics: Clinics/Hospitals

Birthright (pregnancy testing).....782-0373
Franciscan Skemp Health Care
La Crosse.....785-0940
Onalaska.....392-5000
Gundersen Lutheran
La Crosse.....782-7300
Onalaska.....362-9567
La Crosse County Public Health.....785-9723
Options Clinic.....775-8390
St. Clare Health Mission.....791-9546