

“What is the What?”

What is Clinical Supervision & Consultation?

In the field of mental health social workers, counselors, and practitioners are all engaged in our “practice”. That is to say we all have unique skills and knowledge, but are constantly on a journey of learning more, getting better at what we do, and adapting to changes. Ethically, we have the responsibility to ensure best practices to those we serve by consulting with others, to improve our knowledge base, and to share our knowledge and experience (Code of Ethics: ACA C.2.d, NASW 2.05).

Clinical supervision goes beyond being told what to do. Clinical supervisors function in part as teachers, counselors, and consultants. As teachers, they teach new skills, how to apply interventions, and expand professional knowledge base. As coaches/counselors, they help to promote an individual’s self-growth, positive esteem, reflect on their own transference needs, and provide a place to process emotions to reduce burn-out. As consultants, they help provide alternative ways to view client situations and bridge the gap between clients’ needs, system requirements, and ethical decision making.

Within the CCS program, clinical supervision or peer collaboration is required of every practitioner, regardless of credential, in order to promote best practices and supports to consumers. For those who are not licensed medical or mental health providers, the expectation is for every 30 hours of face-to-face service a staff will engage in 1 hour of clinical supervision with a licensed practitioner. For those who are licensed medical or mental health providers, the expectation is for every 120 hours of face-to-face direct service or clinical supervision provided the provider will engage in 1 hour of peer consultation or collaboration. DHS will accept clinical supervision/peer consultation that occurs in individual sessions, group meetings, or in a side-by-side session with a consumer. The preference for supervision is to be done in a face-to-face setting, but is also allowed to be done via approved telehealth systems. At this time WI-DHS only recognizes telehealth systems PolyCom and Microsoft Lync/Business Skype as valid teleconferencing options for clinical supervision.

- [WRIC Vendor Site—with additional guidance and form samples on clinical supervision](#)
- [DHS 36.11 Supervision and Clinical Collaboration in CCS](#)
- [DQA Memo 2015-011 Use of Telehealth for Clinical Supervision and Consultation](#)
 - [Office Lync/Skype for Business Information](#)
- Ethical Codes: [American Counselors Association](#) & [National Association of Social Workers](#)
- [“Getting the Most Out of Clinical Supervision: Strategies for Mental Health” Pearson \(2004\)](#)



Reminder: For WRIC CCS as of June 1st, clinical supervision logs are required to be submitted by the end of each quarter (i.e. submit by the 5th of January, April, July, October)

Calvin & Hobbes
by Bill Watterson



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FACES OF CCS

“Emails from the Emilies”



Jessica Jandt (Monroe County)
CCS Service Facilitator (Youth/Adult)
Mobile Crisis Responder

I have been with Monroe County DHS since 2011 first working with CSP, Crisis and APS. I then took a position at the ADRC doing options counseling for about 2 years. In late 2016, I transitioned back to behavioral health and as a service facilitator for CCS. This type of work has given me considerable compassion for others and doing what I can to assist consumer's reaching their goals and overcoming challenges. When I am not at work I enjoy spending time with my husband, our twin daughters and our new puppy, Copper. I enjoy running, reading books and being outdoors.

Vendors that have recently added Service Planning and or had a rate increase. Please note that our QA staff are working very diligently to update all of the service authorizations. Additionally with the rate change and the new Service Array code, QA is seeing an additional increase of corrections being sent back to vendors. Due to these issues please be patient when expecting your payment, and the sooner you can get your invoices in for each month the sooner our QA and Fiscal Staff will be able to process the payments.

Talking Points

Billing CCS Time to Medicaid

As of June 1st, WRIC-CCS is fully implementing the Medicaid requirement that “Documentation should include the specific service delivery time and the specific time period spent documenting the service...including all service delivery and documentation time provided in a residential setting”, and for travel “the time and distance traveled in miles must be documented in the member's medical record.” [Medicaid CCS Billing & Claims Manual topic #17219](#)

As some providers and county staff have begun trying to break old billing habits, some lessons have been learned:

1. There are many different ways to **personally track specific start & stop times prior to writing out your progress notes**. Try out methods that makes the most sense to you personally and/or consult with colleagues to brain storm different ideas.
2. The absolute **minimum time** requirement for a billable service is **8 minutes**.
 8+ minutes of round-trip travel. 8+ minutes of combined face-to-face and documentation time.
3. New math method: **add up total minutes before rounding to units**. Historically we have rounded to units first then added up total units of services. Make sure to add minutes before rounding. This more accurately reflects and gives credit to your total time.

Old Way (add units)

DO NOT DO THIS

New Way (add minutes)

Face-to-Face	42 mins	=	3 units
Documentation	8 mins	= +	1 unit
Total Direct Service		=	4 units
Face-to-Face	50 mins	=	3 units
Documentation	20 mins	= +	1 unit
Total Direct Service		=	4 units

Face-to-Face	42 mins		
Documentation	+ 8 mins		
Total Direct Service	50 mins	=	3 units
Face-to-Face	50 mins		
Documentation	+ 20 mins		
Total Direct Service	70 mins	=	5 units

Units	Minutes		
0 units	0	-	7
1 unit	8	-	22
2 units	23	-	37
3 units	38	-	52
4 units	53	-	67
5 units	68	-	82
6 units	83	-	97

Upcoming Events



Meetings

- **Community-Based Provider Clinical Support Groups:**
 - ◇ 1st Thursday (6/6): 1:30-2:30pm @ La Crosse County Human Services #2002
 - **1st Thursday meeting temporarily on hold until 3+ attendees RSVP**
 - ◇ 3rd Tuesday (6/18): 10-11am @ La Crosse County Administration #1107
Who Should Attend: Any direct provider of CCS services.
- **Residential Clinical Support Teleconference Groups:**
 - ◇ 2nd Tuesday (6/11): 9-10am @ (605) 472-5637 Code: 994794#
 - ◇ 4th Monday (6/24): 2-3pm @ (605) 472-5637 Code: 994794#
Who Should Attend: Any direct provider of CCS residential services
- **WRIC Contracting Meetings**
 - ◇ All Vendor Conference: July 16 from 10am-12pm at La Crosse County Human Services Basement Auditorium. Will discuss updates to vendor contracts and program requirements
Who Should Attend: Directors and Administrative staff

Trainings

CCS Core Curriculum

Online	Ongoing	CCS Program Training/ Orientation	CCS Online Training Partnership
Online	Ongoing	WI Mandated Reporter Training	UW Professional Development Center
Online	Ongoing	Medication Management for Non-Prescribers	SAMHSA Info & Training Link Here
Online	Ongoing	Understanding Substance Use Disorders: Basics	ATTC/NIATx network Info & Training Link Here
Online	Ongoing	Consumer Rights	WI Dept of Human Services Training Link Here
Online	Ongoing	Crisis & Suicide Response for Community Partners	Columbia Lighthouse Project Info, Resources & Training Link

Other Trainings

June 6	11:00am-12:00pm	Exercise as an Anti-Depressant	WPPNT Teleconference 877-820-7831 Code: 107633#
June 18-20	All Day	Growing School Mental Health	Stevens Point Info & Registration Link Here
June 20	11:00am-12:00pm	Non-Medication Approaches for Sleep Issues	WPPNT Teleconference 877-820-7831 Code: 107633#
Aug 1-2	All Day	WI Peer Recovery Conference	Stoney Creek Lodge, La Crosse Info & Registration Link Here
Online	Ongoing	Responding to Race-Based Trauma	Info & Registration: www.resmaa.com

Contact Us

WRIC Counties

Jackson County
420 Highway 54 W
Black River Falls, 54615
(715) 284-4301

La Crosse County
300 4th Street North
La Crosse, WI 54601
(608) 784-4357

Monroe County
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WRIC Shared Staff

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Submissions:

Have you observed or heard of another provider doing a good job? Do you have a question for the Emilies? Know of any trainings or events occurring in the community or hosted by your agency? Please send to Ryan Ross ross@lacrossecounty.org by the 25th of the month.

3 Part Workshop Series

For healthcare, behavioral health, and public health professionals, recovery coaches/peer recovery specialists, social workers, law enforcement/safety/courtroom professionals, students, concerned loved-ones and community members.

OVERCOMING ADDICTION *Together*

Presented by:



WORKSHOP 1

Working Together Towards Understanding Addiction and Facilitating Recovery

May 16 | Wausau or May 17 | Rhinelander
8:30 am Registration | 9:00 am - 1:00 pm

Featuring Keynote Speaker Dr. David Mays

Covering the latest medical understanding of addiction: epidemiology, brain mechanisms, social neuroscience insights, and evidence for treatment.

WORKSHOP 2

Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction

July 18 | Wausau or
July 19 | Rhinelander

WORKSHOP 3

Taking Care of Ourselves as We Care for Others

August 15 | Wausau or
August 16 | Rhinelander

4 CEU'S PER SESSION

\$20/session (lunch included) ~ \$50 for all three
To learn more and register online:

<http://bit.ly/OvercomingAddictionTogether>

Community Partners:



Questions? Please contact Nicole Thill at nthill@rahbec.org or Gail Kell at gkell@rahbec.org



Project Homeless Connect 2019

Thursday, July 25th, 2019

11am-4pm

La Crosse Center, North Hall

This event is open to all!

Vendors and services providers will be on hand to talk with guests who may be struggling with homelessness or possible homelessness. If you or someone you know is struggling with maintaining stable housing, please join us! There are resources and service available in our community that may be able to assist!

Upcoming Community Events

The Peer Association INC



Grassroots Social Agents of Change

Presents

Men's Peer Support Fellowship

"A PATH TO VIRTUE"

Peer-led discussion group model for conveying ethics training and peace education leveraging supportive conversations - Sixteen sessions on topics such as; modern society and the quest for human happiness, dependent origination and the nature of reality, ethic of restraint, ethic of virtue plus many, many more.

Attendance is free to the public and those in their own recovery from substance use and or mental illness are encouraged to participate in the first ever exclusive "men's only" fellowship on a path to virtue.

6 - 8 PM
EVERY TUESDAY
205 5TH AVE S
SUITE 417
LA CROSSE WI 54601

Coffee and water will be available for your enjoyment!



Wisconsin Peer Recovery Conference

August 1 & 2, 2019
Stoney Creek Hotel and Conference Center
Onalaska, WI

Recovery Outside The Box

