FREE COMMUNITY MEALS							
Sunday	Monday	Tuesday	Wedn	esday	Thursday	Friday	Saturday
Salvation Army 8am (residents) 12p (residents) 4:30p (residents)	Salvation Army 7:30a (residents) 11:30a (residents) 4:30p (residents)	Salvation Army 7:30a (residents) 11:30a (residents) 4:30p (residents)	Salvatio 7:30a (re 11:30a (re 4:30p (re	esidents) esidents)	Salvation Army 7:30a (residents) 11:30a (residents) 4:30p (residents)	Salvation Army 7:30a (residents) 11:30a (residents) 4:30p (residents)	Salvation Army 8am (residents) 12p (residents) 4:30p (residents)
	11a – 12:30p (to go) Trinity Lutheran Church 5p – 6p	11a – 12:30p (to go)	11a – 12:3	Op (to go)	11a – 12:30p (to go)	11a – 12:30p (to go)	11a – 12:30p (to go)
	RAVE * Recovery Avenue 9am-11am (or until all gone)		Presbyterian Church of West Salem 4 th Wed of month 5p – 6p		Place of Grace 5p – 6p		New Beginnings Christian Fellowship 5:30p
		Onalaska United Methodist Church 2 nd Tues; 5p-6p					
		Our Savior's Lutheran Church 4:15p – 5:15p					
			Meal L	ocatior	าร		
Salvation Army 223 8th St. N., La Crosse; 608-782-6126				Place of Grace 919 Hood St., La Crosse; 608-782-6224			
Our Savior's Lutheran Church 612 Division St., La Crosse; 608-782-3468				RAVE * Recovery Avenue 1806 State St, La Crosse; 608-785-9615			
Onalaska United Methodist Church 212 4 th Ave. N., Onalaska; 608-783-3380				Presbyterian Church of West Salem 625 W. Franklin St., West Salem; 608-786-0910			
New Beginnings Christian Fellowship 122 5 th Ave. N., La Crosse; 608-782-8030				Trinity Lutheran Church 1010 Sill St. La Crosse 608-782-6200			

Food Pantries As of 11/2023

Care and Share Food Pantry	359 N. Leonard St., West Salem 608-786-0030	Saturdays: 10a - 12p			
Our Savior's Lutheran Church		Must be a resident of West Salem, Bangor, Rockland, Barre Mills or Mindoro			
Catholic Charities Food Pantry	508 5 th Ave S., La Crosse 608-782-0710	Mon, Tue & Wed: Walk-Ins			
Coulee Recovery Center	933 Ferry St., La Crosse 608-784-4177	Tues – Thurs: 1:15p – 2p			
		Preferably for participants but will not deny others			
First Free Church	123 Mason St., Onalaska 608-782-6022	1 st and 3 rd Tuesday of the month: 10am-1pm by appointment Bring photo ID & current household bill			
From the Heart Food Pantry Trinity Lutheran Church	1010 Sill St., La Crosse 608-782-6200	Monday: 5p - 6p Bring picture ID with address.			
Holmen Area Food Pantry St. Elizabeth Ann Seaton Catholic Church	515 N. Main St., Holmen 608-526-4424	Tues & Fri: 9a - 11a Open to all – Bring Photo ID			
Kane Street Community Garden <i>May - October</i>	801 Kane St., La Crosse 608-793-1002	Mon. & Thurs: 5p – 6p Sat: 12p – 1p Harvest: Monday and Thursday: 3p – 5p & Saturday: 10a – 12p			
La Crosse Public Library's Little Pantry	800 Main St., La Crosse 608-789-7100	Mon-Thurs: 9am-7pm Fri: 9am-5pm Sat: 9am-1pm Sun: 1-5pm Take what you need; leave what you can			
Onalaska Regional Food Basket	735 Sand Lake Rd., Onalaska 608-783-7722	Mon: 3:30p - 5:30p Tues, Wed, and Thurs: 9a -11a Wed: 2p - 4p Must be resident of Onalaska, Holmen, French Island, Trempealeau, West Salem, Galesville Bring mail with current address, picture ID.			
Onalaska Schools Food Pantry	524 Main St., Onalaska	September - June			
Irving Pertzsch Elementary	608-783-5644 or 608-799-8419	First Monday of the month, 4p – 5:15p			
		Call to confirm date/times			
		Must have a child who attends any Onalaska school (public, private home-schooled			
Place of Grace	919 Hood St., La Crosse 608-782-6224	Tues 12p – 2p & Thurs 3p – 6p			
River of Life Church	1214 County Rd PH Onalaska 608-782-2780 x1	Call to make an appointment			
Vivent Health Food Pantry	811 Rose St, La Crosse 608-785-9866	Must have HIV+ status on record in order to utilize food pantry; no client choice			
WAFER Food Pantry	1607 George St, La Crosse 608-782-6003 waferlacrosse.org	Mon-Fri: 10am-12:45pm Mon, Tues, & Thurs: 4p - 7:45p Bring ID, recent mail w/current address, names, and birthdates of household membe			
Central High School Food Pantry	1801 Losey Blvd S. La Crosse	Mondays, 3p - 4p Use side door on SW corner of building Open to the public			