

Medicare Preventive Services in 2011

| Preventive Service | Cost | How Often Allowed |
|---|----------------------|---|
| Abdominal Aortic Aneurysm Screening | None | One time after Welcome to Medicare initial exam if at risk |
| Annual Wellness Visit | None | Every 12 months if more than twelve months after Welcome to Medicare |
| Bone Mass Measurement | None | Once in 24 months (unless medical nec.) |
| Cardiovascular Screenings | None | Every 5 years if no apparent symptoms |
| Fecal Occult Blood Test | None | Every 12 months if 50+ |
| Flexible Sigmoidoscopy | None | 48 months or 120 months after previous screening if not high risk and 50+ |
| Colonoscopy | None | 120 months (or 24 months if high risk) |
| Barium Enema | B deduct & 20% | 48 months (or 24 months if high risk) if used instead of a "scoping" |
| Diabetes Screenings | None | 12 months (6 months if pre-diabetic) |
| Diabetes Self-management Training | B deduct. & 20% | With MD order or referral |
| Flu Shots -- includes H1N1 this year | Usually none | Best each year in Oct. or Nov., may be copay in some Medicare Advantage Plans |
| Glaucoma Tests | B deduct. & 20% | Every 12 months if at high risk (eg. diabetic or family history) |
| Hepatitis B Shots | None | If medium or high risk. 3 injections. |
| Mammogram (screening) | None | Once a year after age 40 |
| Medical Nutrition Therapy Services | B deduct. & 20% | With MD referral (3 hrs. counseling) |
| Pap Test & Pelvic Exam (with breast exam) | None | 24 months (or 12 months if high risk) |
| Physical Exam - "Welcome to Medicare" | None | Within first 12 months on Medicare B |
| Pneumococcal Shot | None | Usually once -- more if MD approves |
| Prostate Cancer Screenings | DRE: B deduct. & 20% | Digital Rectal Exam: and free PSA Test every 12 mo. for men over 50 |
| Shingles Vaccine (Herpe's Zoster) | Part D copay | Once - May need to bring from pharmacy to get cheapest cost |
| Smoking Cessation (counseling) | B deduct. & 20% | 8 visits in a 12 month period |

Services that still have charges do not have an "A or B" rating by the US Preventive Services Task Force.
Medicare Advantage Plans may impose a copayment in some situations.