



HABIT

HABIT, or Hmong Against Big Industry Tobacco, is a collaboration between the La Crosse County Health Department and the Hmong Mutual Assistance Association. HABIT consists of La Crosse, Eau Claire, and Dunn Counties, which include a total of 8200 Hmong individuals. HABIT is working towards the following goals within the Hmong community:

1. Reduce tobacco use
2. Reduce exposure to secondhand smoke
3. Increase knowledge on the dangers of tobacco and secondhand smoke exposure

HABIT meets the third Thursday of the month. If interested in becoming involved or for more information, contact Al Bliss at (608) 789-4820 or at bliss.al@co.la-crosse.wi.us.

